

Wig Care & Scalp Health

GUIDELINES

At Studio 409 Hair Loss Clinic, our mission is to provide safe, compassionate, and expert care for individuals experiencing hair loss. The following information is designed to help you protect your wig investment, maintain scalp health, and ensure the best possible experience—especially during medical treatments such as chemotherapy or radiation.

Please take this guide home and refer to it as needed.

1. Sleeping in a Wig — Not Recommended

We strongly recommend removing your wig before sleeping, whether it is synthetic or human hair. Sleeping in a wig can lead to

- **Friction Damage** - Tossing and turning during sleep causes friction, which can result in matting, tangling, breakage, and permanent fiber damage.
- **Premature Wear** - Continuous pressure shortens the lifespan of the wig by compressing the hair fibers and cap construction.
- **Cap Structure Breakdown** - Repeated movement and pressure may distort the wig cap, affecting fit, comfort, and overall appearance.
- **Scalp Irritation** - Extended wear can trap heat, sweat, and bacteria, increasing the risk of irritation, itching, or odor.

2. Bonding a Wig During Chemotherapy or Radiation — Strongly Discouraged

If you are currently undergoing chemotherapy or radiation, we advise against bonding wigs directly to the scalp. Medical treatments often increase scalp sensitivity, and bonding may cause

- **Skin Breakdown or Open Areas** - A compromised scalp may not tolerate tapes or adhesives, leading to abrasions or sores.
- **Increased Risk of Infection** - During treatment, the immune system may be weakened, making even minor scalp trauma more serious.
- **Unexpected Skin Reactions** - Skin chemistry can change during treatment, making reactions possible even with hypoallergenic products.
- **Delayed Healing** - Any scalp damage may take longer to heal while the body is focused on recovery.
- **Heightened Discomfort** - Tightness, itching, burning, or tenderness may occur when adhesives are applied to sensitive or radiated skin.

3. Lace Front Wig Care — Very Important

If your wig has a lace front, special care is required

- Do not tug, pull, or grip the lace front when putting on, removing, or adjusting your wig.
- Lace damage is permanent and cannot be repaired. Once torn or stretched, the lace cannot be restored.
- To properly position your wig forward or backward, use the temple tabs located near the sides of the wig. These areas are designed to handle gentle handling and adjustment.

4. Ongoing Care & Support

For additional guidance

- Please refer to your **Synthetic Prosthesis Care Sheet** for detailed instructions on daily care, washing, styling, and storage.
- Studio 409 Hair Loss Clinic offers professional wig services, including:
 - Wig maintenance and refreshing
 - Fiber care and deep conditioning
 - Minor structural or fit adjustments (when possible)
 - Education on proper wear and handling

Our goal is to help you feel confident, comfortable, and supported throughout your hair loss journey.

If you ever have questions or concerns, we encourage you to contact us or schedule a follow-up appointment. We are always here to help.

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IT IS IMPORTANT TO FOLLOW THE SPECIFIC AFTERCARE INSTRUCTIONS PROVIDED TO ENSURE THE BEST LIFESPAN OF YOUR SYNTHETIC PROSTHESIS. IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THE CARE PROCESS, BE SURE TO ASK YOUR US FOR MORE GUIDANCE.

ALL WIG SALES ARE FINAL NPI: 3-08-607424 FED ID: 42-1524770